

## **CORSI ESTIVI 2020**

### **CORO ADULTI**

**LUNEDI/GIOVEDI**

19,00-19,50

**MARTEDI/VENERDI**

10,00-10,50

**MERCOLEDI**

10,00-10,50

### **MASTER**

**BISETTIMANALE**

**MARTEDI /VENERDI**

20,00-21,30

## **CORSI FITNESS**

### **AQAGYM**

**LUNEDI**

19,00-19,45

**MERCOLEDI**

19,30-20,15

**VENERDI**

19,00-19,45

### **AQARUNNING**

**LUNEDI**

19,50-20,35

### **FIT - WELL**

**(TREAD/JUMP)**

**GIOVEDI**

19,50-20,35

